



BAKED GOODS LIST OF INGREDIENTS

YEAST BREADS	Tapioca Starch	Millet	Sorghum	Brown Rice	Buckwheat	Psyllium	Yeast	Salt	Sugar	Xanthan gum	Apple cider vinegar	Canola oil	Butter	Milk	Additional ingredients
Crusty Artisan Bread (GF, DF, VG, SF, EF, NF)	x	x	x	x		x	x	x	x	x	x				
White Sandwich Bread (GF, SF, EF, NF)	x	x	x			x	x	x	x	x			x		
Seeded Sandwich Bread (GF, DF, VG, SF, EF, NF)	x	x			x	x	x	x	x						
Cinnamon Swirl Bread (GF, SF, NF)	x	x	x			x	x	x	x	x			x		Cinnamon, egg
Brioche Sandwich Buns (GF, SF, NF)	x	x	x			x	x	x	x	x			x		Sesame seeds, egg
Ciabatta Buns (GF, DF, VG, SF, EF, NF)	x	x	x		x	x	x	x	x		x	x			
Dinner Rolls (GF, DF, VG, SF, EF, NF)	x	x	x	x		x	x	x	x	x	x	x			
Pita Bread (GF, DF, VG, SF, EF, NF)	x	x		x		x	x	x	x			x			
Baguettes (GF, DF, VG, SF, EF, NF)	x	x	x		x	x	x	x	x		x	x			
English Muffins (GF, DF, VG, SF, EF, NF)	x	x	x			x	x	x	x		x	x			Corn meal
Bagels (GF, SF, NF) – plain	x	x		x		x	x	x	x	x				x	Molasses, egg
Bagels (GF, SF, NF) – sesame	x	x		x		x	x	x	x	x				x	Molasses, egg, sesame seeds
Bagels (GF, SF, NF) – cinnamon	x	x		x		x	x	x	x	x				x	Molasses, egg, cinnamon
Bagels (GF, SF, NF) – flax & chia	x	x		x		x	x	x	x	x				x	Molasses, egg, flax seeds, chia seeds
Bagels (GF, SF, NF) – everything	x	x		x		x	x	x	x	x				x	Molasses, egg, Garlic, onion, sesame seeds



BAKED GOODS LIST OF INGREDIENTS

NON-YEAST BAKED GOODS, COOKIES, SQUARES & SCONES	Tapioca Starch	Millet	Sorghum	Rice flour	Buckwheat	Potato Starch	Corn flour	Salt	Sugar	Xanthan gum	Baking powder	Baking soda	Butter	Vegan butter sub	Additional ingredients
Chocolate Chip Zucchini Bread (GF, DF)	x	x		x	x	x	x	x	x	x	x	x			Almond flour, zucchini, cinnamon, canola oil, egg, vanilla extract, chocolate chips
Walnut Banana Bread (GF, DF, SF)	x	x		x	x	x	x	x	x	x	x	x		x	Almond flour, walnuts, banana, lemon juice, cinnamon, nutmeg, vanilla, egg
Plain Biscuits (GF, SF, EF, NF)	x	x		x	x	x	x	x		x	x	x	x		Honey, buttermilk
Garlic & Parmesan Biscuits (GF, SF, EF, NF)	x	x		x	x	x	x	x		x	x	x	x		Honey, buttermilk, garlic, parmesan, herbs
Chocolate Chip Cookies (GF, NF)	x		x	x		x		x	x	x	x	x	x		Honey, vanilla extract, apple cider vinegar, egg, milk, chocolate chips
Peanut Butter Oatmeal Choc Chip Cookies (GF)	x		x	x		x			x	x		x	x		Peanut butter, egg, vanilla extract, rolled oats, chocolate chips
Chocolate Chip Muffins (GF)	x	x		x	x	x	x	x	x	x	x	x			Almond flour, canola oil, egg, milk, yoghurt, vanilla, chocolate chips, lemon juice
Banana-Nut Chocolate Chunk Muffins (GF, DF)	x	x		x	x	x	x	x	x	x	x	x		x	Egg, banana, walnut, chocolate chunk, molasses, cinnamon
Cupcakes (GF, DF, SF, NF) – vanilla	x		x	x		x		x	x	x	x	x		x	Egg, canola oil, vanilla, apple cider vinegar
Cupcakes (GF, DF, SF, NF) – chocolate	x		x	x		x		x	x	x	x	x		x	Egg, canola oil, vanilla, espresso powder, cocoa
Brownies (GF, NF)	x		x	x		x		x	x	x	x		x		Cocoa, egg, canola oil, vanilla, espresso powder, chocolate chips
Lemon Squares (GF, DF, SF, NF)	x	x		x	x	x	x	x	x	x				x	Egg, lemon juice, cornstarch, lemon zest

Maple-Walnut Squares (GF, DF, SF)	x	x		x	x	x	x	x	x	x				x	Egg, maple syrup, vanilla, walnuts, maple extract
Raspberry Coconut Squares (GF, SF, DF, NF)	x		x	x		x		x	x	x				x	Coconut, egg, vanilla, raspberry jam
Apple Danish (GF, SF, NF)				x		x	x	x	x	x			x		Egg, apple pie filling, milk, cinnamon
Raspberry Scones (GF, SF, NF)	x		x	x		x		x	x	x	x		x		Raspberries, egg, vanilla, milk
Blueberry-Lemon Scones (GF, SF, NF)	x		x	x		x		x	x	x	x		x		Blueberries, egg, vanilla, milk, lemon zest, lemon juice
Ready-to-Bake Chocolate Chip Cookie (GF, NF)	x		x	x		x		x	x	x	x	x	x		Honey, vanilla extract, apple cider vinegar, egg, milk, chocolate chips
Ready-to-Bake Scones (GF, SF, NF) – raspberry or blueberry	x		x	x		x		x	x	x	x		x		Raspberries (blueberries), egg, vanilla, milk (lemon zest, lemon juice)
Ready-to-Bake Apple Danish (GF, SF, NF)				x		x	x	x	x	x			x		Egg, apple pie filling, milk, cinnamon
Ready-to-Bake Biscuits (GF, SF, EF, NF) – plain or garlic parm	x	x		x	x	x	x	x		x	x	x	x		Honey, buttermilk (garlic, parmesan, herbs)
Ready-to-Bake Pizza Dough (GF, VG, DF, EF, SF, NF)	x	x	x					x	x						Psyllium husk, yeast, canola oil, apple cider vinegar
Ready-to-Bake Garlic Bread Baguettes (GF, SF, EF, NF)	x	x	x		x	x	x	x	x		x	x	x		Garlic, onion, parsley, lemon juice



BAKED GOODS LIST OF INGREDIENTS

CAKES & PIES	Tapioca Starch	Millet	Sorghum	Rice flour	Buckwheat	Potato Starch	Corn flour	Salt	Sugar	Xanthan gum	Baking powder	Baking soda	Butter	Vegan butter sub	Additional ingredients
Angel Food Cake (GF, DF, SF, NF upon request)	x	x		x	x	x	x	x	x						Cornstarch, egg white, cream of tartar, vanilla, almond extract
Cinnamon Roll Coffee Cake (GF, DF, SF, NF)	x	x		x	x	x	x	x	x	x	x			x	Cinnamon, egg, vanilla, vegan milk
Chocolate Layer Cake (GF, DF, NF)	x		x	x		x		x	x	x	x	x		x	Egg, canola oil, vanilla, espresso powder, cocoa, coconut milk, instant vanilla pudding
Turtle Cheesecake (GF)								x	x				x		Almond flour, cornstarch, cream cheese, sour cream, vanilla, egg, vanilla pudding powder, chocolate, pecans, caramel
Apple Pie (GF, SF, NF)	x	x		x	x	x	x	x	x	x			x		Apples, cinnamon, nutmeg, ginger, cornstarch, lemon juice, egg, apple cider vinegar,
Lemon Meringue Pie (GF, SF, NF)	x	x		x	x	x	x	x	x	x			x		Lemon juice, lemon zest, cornstarch, egg, cream of tartar
Pecan Pie (GF, SF)	x	x		x	x	x	x	x	x	x			x		Pecans, egg, corn syrup, vanilla, rum